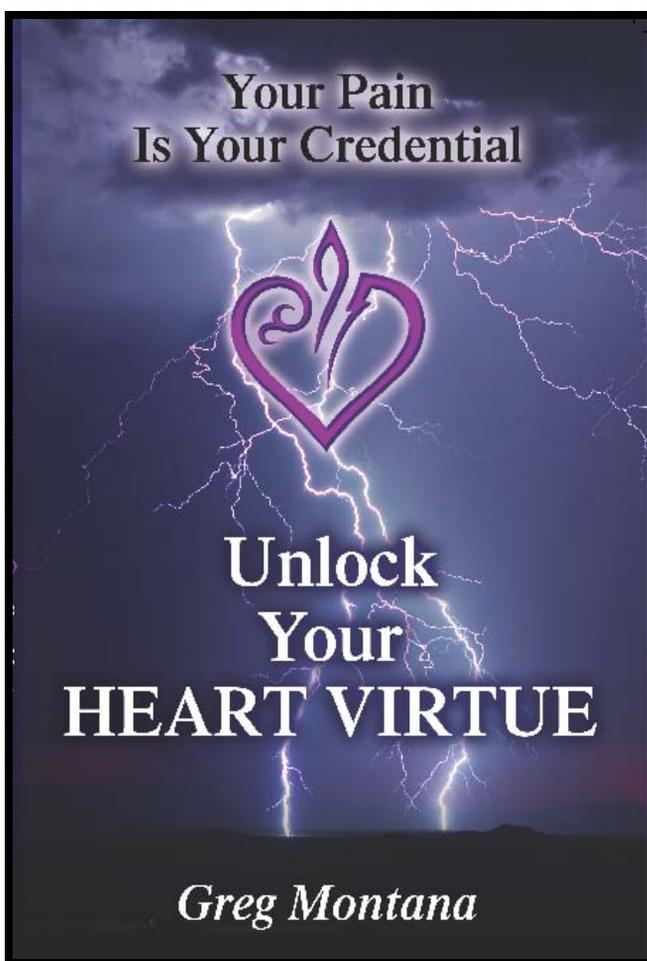




TRAINING FOR RECOVERY



WITH:
GREG AND TAMARA MONTANA
(310) 428-0400



- ☐ 3 Hour Classes
50 Modules of Training Material
Transformation through Addiction

- ☐ 1 day, 3 - 5 day Intensive
Authenticity Workshops/Seminars

- ☐ Recovery Training
Creating Cultures with *Heart*

- ☐ On-Line *Heart Virtue* Assessment
www.HeartVirtue.com

- ☐ Private Coaching



Over 50 Modules

Staff Training and Residents Recovery

- Your Authentic Corporate Culture - Making Work Easier
- Authenticity and Recovery
- True Recovery: Staff and Client Empowerment
- Staff Empowerment First
- Authentic Corporate Cultures That Rock!
- Authentic Corporate Cultures: Profiting From Your Virtues
- Creating a Virtuous and Authentic Workplace
- Creating Authentic Business Cultures in group workshops entitled: AuthenTalk; AuthenTools and AuthenTrain
- Your Pain is Your Credential: A Training Model for Recovery
- Patients Healing Patients: Your Pain is Your Credential
- Heal Thyself: How To Heal A Broken Recovery System
- It's Not What You Treat, It's How You Treat It
- Corporate Boundaries of Integrity
- The Sexpert and The Quantum Monk – Talk on Recovery

Benefits:

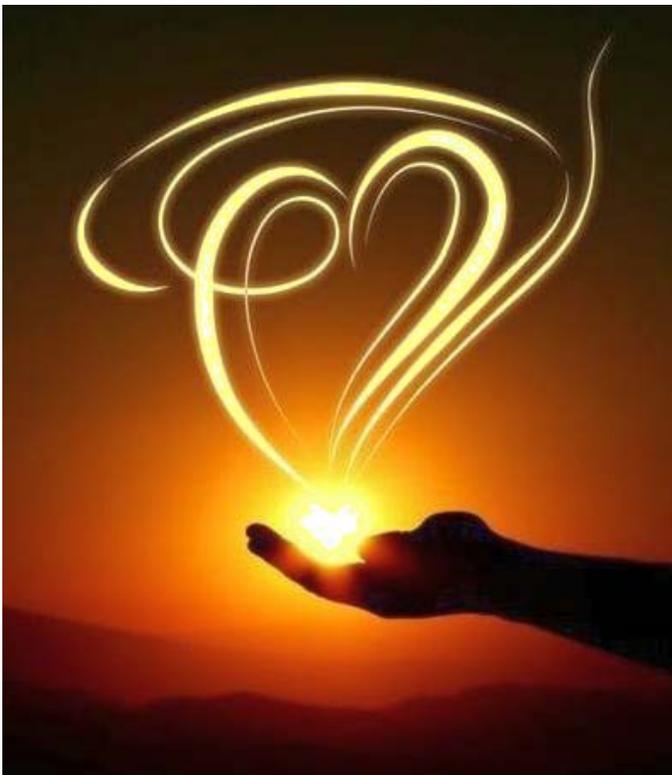
- Increasing profit margins by giving people what they *really* want
- Learn how to Identify your Authentic Corporate Virtues
- 10 Powerful Questions to assess the Integrity of your Center
- 5 Characteristics and 3 Skills that Turn Addicts into Heroes"
- From Addict to Humanitarian: 5 Traits and 3 Skills
- Learn to Trust Your Heart and Train Your Brain
- Get why "Bad Boys" Make Good Staff
- Understanding Why Addicts Love Creating Chaos
- When patients turn around you can send your staff home





The greatest shift over the past two decades in the treatment and prevention of addiction is the recognition that the body, as well as the mind and heart, is a big part of the healing process.

Heart Virtue Program's is a multi-sensory and experiential model that address the individuals pain, loneliness and despair of alcoholism and chemical dependency.



By identifying their individual Heart Virtue, we unleash the passion they are not only willing to die for...but willing to live for... It's hidden in a psychological blind spot...once discovered, like a spiritual fingerprint , it opens a whole new world of possibility.

(See [Unlock Your Heart Virtue](#))

We facilitate resident's in designing activities and projects that are in alignment with that purpose...



One way we address the underlying causes of addiction, is by revealing how the addicts pain...is their credential. Whatever pain the addict has been through, earns them the right to contribute their wisdom to others.

(See LiFormula Workshop)

We display the path of the hero and the path of the victim. Then, show the resident's where their choice is made at the fork in the road.

(See AuthenTalk Workshop)



We uncover the addicts temperament, and point out it's the same temperament as the hero. (In Greg's book) For example: Mother Teresa's Heart Virtue was Compassion; Martin Luther King's was Brotherhood; Abraham Lincoln's was Unity, etc.



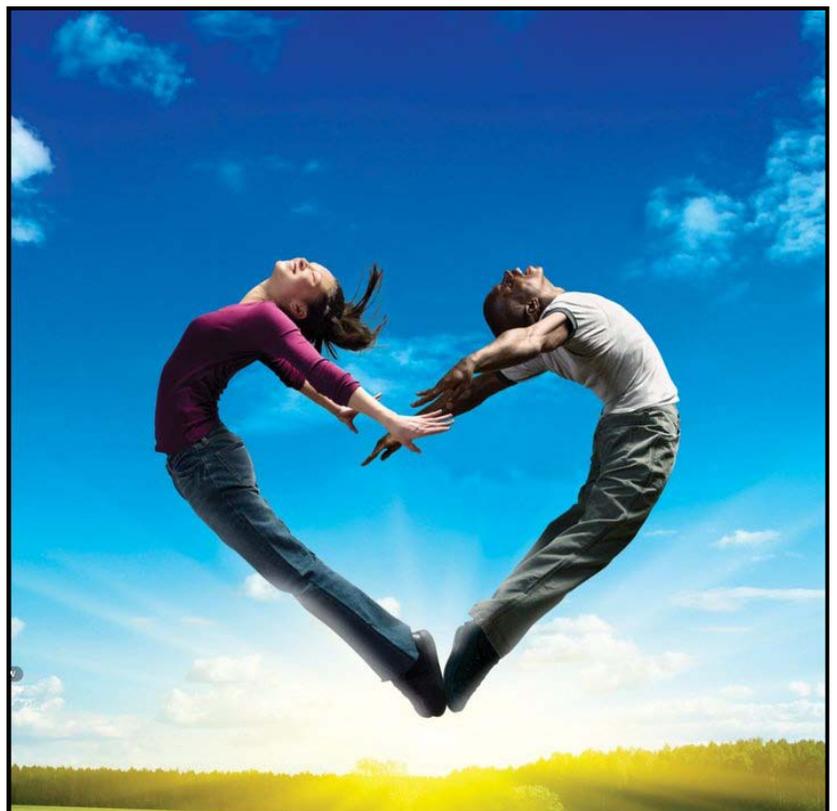
We show how every time they were angry or enraged, they were committed to something beautiful for the world that's been blocked or violated...what is it?

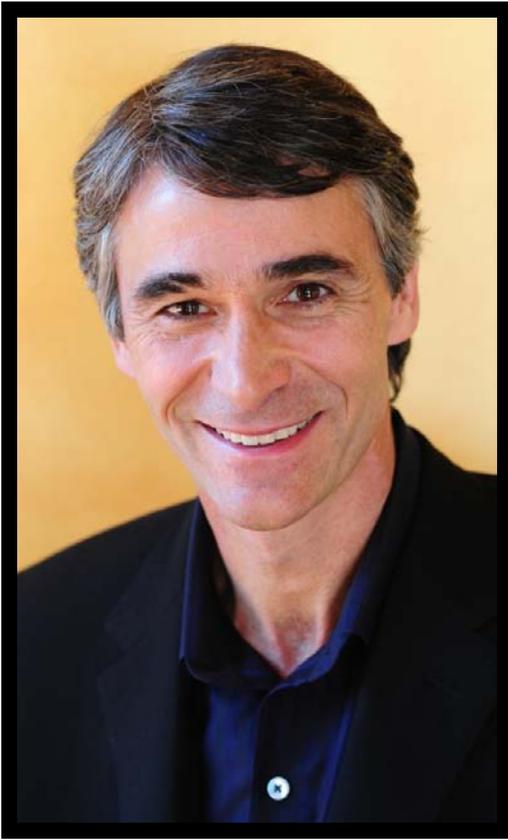
It's their Heart Virtue...

(See Heart Virtue Relationships Workshop)

Every hero has five characteristics that are in common with the addict: They're Self-centered; Takes risks; Challenges the system; They go after what they want and are stubborn as hell. From that understanding moving forward, we only speak to their hero inside. **(See AuthenTrain Workshop)**

Our proven methods of interventions have allowed the staff and residence to work through whatever issues and concerns comes up with the group...preparing them for their world outside of treatment. **(See Coaching and Cultural Training)**





Greg Montana is committed to spiritual integrity and seeing that people live in alignment with *what's most meaningful to them*.

Greg is a graduate of Stevens Institute of Technology with an **Engineering Degree where he studied energy & quantum physics**. He is the founder and **author** of *Unlock Your Heart Virtue...Your Pain is Your Credential*.

As a former **monk of eight years**, Greg spent more than 15,000 hours in silent meditation. During that time, he studied the lives of heroes and found they all expressed a single virtue they were willing to live and die for.

Greg shares three main skills of heroes with his audiences. Heroes know who they are; They speak powerfully and beautifully and they make a huge contribution to humanity.

Greg worked at a **drug and alcohol rehabilitation** center in Malibu, **California leading group trainings for seven years**. Whenever the residence folded their arms and said, "Why should I listen to you? What do you know about addiction?" He could say, "My dad died drunk in a car accident when I was nine years old. And, I had become a ragging alcoholic by the time I was a teenager. When I was nineteen years old, a girl came up to me at a party and said, "You drink too much and you can't stop." I looked down at my drink and saw my dead father floating in the glass. **I put my glass down, and haven't touch alcohol since that day in 1980.**" The residence would unfold their arms and listen. Why? He'd earned the right because of his personal experience with addiction...his pain could touch their pain and give them hope for a better tomorrow.

Greg's wife and partner, **Tamara, was a social worker for 11 years and is a licensed psychotherapist, interventionist and college professor of human sexuality**, together they facilitate experiential classes and workshops on how to master your own hero within by training your brain, and trusting your heart. At the foundation of their workshops, there is a process of identifying your very own Heart Virtue™ (like a unique fingerprint) that may have been hidden in a blind spot. They receive endless testimonies from participants who have gained clarity and confidence in discovering their purpose. Greg has trained entrepreneurs, psychologists, coaches, managers, ministers, Olympic Gold Medalists, and Academy & Emmy award-winning celebrities who were at the top of their game asking themselves "what next!?"



Tamara Montana is committed to awakening authentic self-expression, innocence and uncovering the hidden treasures of Heart Virtue's that lie within all of us.

As a **Licensed Psychotherapist** and a Heart Virtue Expert, Tamara shows us where we get stuck in relationships and how to transcend the internal prison walls that prevent us from experiencing the intimacy we crave in ourselves and others.

For fifteen years she has successfully coached individual adults, couples and abused children.

Her passion is leading workshops with her husband Greg in strengthening Divine Partnerships inside "Authentic Virtuous Cultures." Having your authentic culture be your brand has proven to enhance enormous success within Rehab Centers and corporations.

As a former **Social Worker of eleven years**, Tamara no longer wanted to be the ambulance at the bottom of the cliff, she wanted to be the fence at the top – so, she started teaching. For **six years she was a College Professor of Human Sexuality** and now offers **CEU certification**. Thousands of students reported that Tamara's healing and entertaining style of addressing addictions and sensitive topics, transformed their lives.

Tamara also worked at a **drug and alcohol rehabilitation center** in Newport Beach, California leading highly experiential workshops, psychodrama's and facilitating group therapy with residence. She incorporates a mixture of **cognitive behavioral; existential; object relations and gestalt modalities of therapy**.

Tamara is the **author of 4 books**; her first book (soon to be published): *Living on the Edge of Goodbye... A Story of Hope, Healing and Encouragement after Betrayal*. A guide to leaving in love, knowing love is never gone, but patiently awaits your return. In publication, Tamara is also featured in: *Law of Business Attraction* by Ruby Yeh, and in *Seek the Lover Within* Vol. 2 by Tuula Fai.

Tamara published her fourth book, a colorfully illustrated story for adults and children of all ages: *Emerald Echo, Beyond this world there is a world I want...* A Unique Underwater Journey "Within" that Explores the Universal Truths of Forgiveness, Your Heart Virtue and Freedom. *A Course in Miracles* made simple.

Heart Virtue™ Assessment

Unlock Your



“Heart Virtue”

Imagine... Having a treasure map that leads you to the center of your heart! Then finding an ancient key that unlocks the secret you're not only willing to die for, but willing to live for...

Learning your **Heart Virtue** takes you through a **Profound, Life Altering “Right of Passage”** showing us how to live like **Heroes**.

Understand your personal motivational style and why it's been hidden.

What is Your

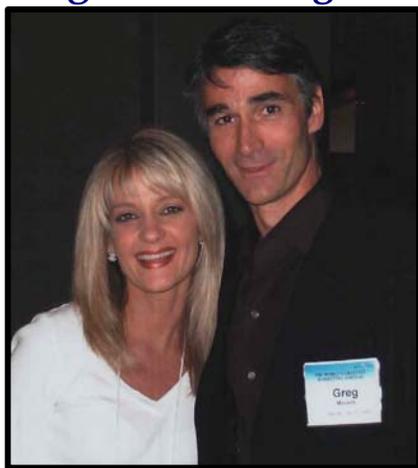


Unique Expression?

You'll learn your Hero's **Colorful** Blueprint for a life that you love. Living from your Heart Virtue has been known to have people shout, "I Love My Life!!"

Martin Luther King's Heart Virtue was **Brotherhood**; Abraham Lincoln's was **Unity**; Mother Teresa's was **Compassion** and Gandhi's was **Peaceful Liberation**.

Ignite Your Light



Greg and Tamara will identify the one thing about you that is creating your feelings, beliefs and behaviors from the inside-out.

They'll also reveal what's behind your Goosebumps and Rage moments.

Our clients report: Knowing “Who You Are” gives **Clarity and Confidence** in creating meaningful and fulfilling life experiences.

You came here for a reason...



LiFormula

Your Pain



How many of us live a life...other people think we should, and still...never feel satisfied? And how many of us have suffered physical, mental and emotional abuse, and instead of grieving the losses...numb out with drugs and/or alcohol? Many will try almost anything to kill the pain of an unfulfilled life.

Is Your



In our **LiFormula** training you will learn how to turn your most painful experiences into credentials for making a contribution. We **believe** *Your Pain is Your Credential*.

Credential

Using a series of role plays, exercises and shares, you'll learn to see past your Blind Spots. You'll see how your taboo, façade and ditch have played out over and over again in your life, preventing you from living the life you love.

Find Your Compass



Unlock your vision and learn how to use the most powerful life compass to align every decision with your heart's purpose.

You'll learn how to embrace *All of Who You Are...* Together we'll **create a formula** you can use to **fulfill your purpose** and leave your **legacy**.

You'll receive 3 key steps to finding the most **Rewarding Career Position**.

We've developed the tools that will train you to live in alignment with your **Hero** by putting your *Heart Virtue* to work in your life!



AuthenTalk

AuthenTalk



Once you know your Heart Virtue, the next step...is to speak it powerfully and beautifully.

You'll gain the tools at **AuthenTalk** on how to break out of mediocrity and tribal agreements in order to become an **Authentic Master Communicator**.

Are the words that come out of your mouth in alignment with what is most meaningful to you?

Unlock Your Power



You will learn how to make a stand, **Acknowledge Your Boundaries**, and ask for what you want.

You'll learn how to simply release negative behaviors, and still receive the emotional payoffs.

Through a proven series of exercises, you'll master "Chaos" and Acting As If.

Listening



Technique

We'll practice one of the most powerful listening techniques that will allow you to listen to anyone, say anything... without taking it personally.

You'll learn how to listen to others with **Curiosity and Courage**.

You'll experience **tremendous healing** from the past, by being "**heard**" in the present. What a gift to give yourself...



AuthenTrain

AuthenTrain



Afraid of Public Speaking? You'll learn **Authentic Public Speaking Skills.**

Imagine...if we could dramatically improve the lives of everyone we meet simply by using three simple skills.

Play a Higher Game and Master the Art of True Contribution to Others.

Unlock your **Sphere of Influence** by inviting others to be authentic.

Unlock Your



Influence

AuthenTrain contains 8 powerful principles based on the laws of Quantum Physics.

Learn how to use "**Quansers**" and transform any conversation into a dynamic experience.

Are you a parent, manager or boss looking to train others? This is the workshop for you.



AuthenTrain

Will teach you the language of heroes. You'll learn how to ask for what you want, and speak what's most meaningful with **Courageous Curiosity.**

Learn how to face fears and be able to approach powerful people.

Greg and Tamara Montana will *custom design* a program for your group's next evolution... 2011 © www.HeartVirtue.com



Coaching

Coaching Culture



Discover how identifying your *Heart Virtue* will enhance your management style.

If our coaching were an extraordinary experience for management – like “genie bottle on the beach” who could grant you your wish, what would that look like for you?

You’ll learn: The **Three Magic Questions** to ask at beginning of every meeting!



The word educate comes from the root word *educ* = to draw forth.

You’ll learn: How to use “**Quansers**” in order to bring out the greatness in each employee, and how to leave a vacuum of space inside of **Reflective Listening**.

Proven Scripts



Greg and Tamara have developed **Powerful Scripts** to use in working with employees. They will bring **Clarity and Confidence**.

You’ll learn in frustrating situations: Specific questions, to identify the beautiful thing each person is committed to that has been violated.



Imagine... Keeping your employees happy (even when they’re not).

You’ll learn: A **Proven Technique** for making sure your employees are **self responsible**, and shine in their current positions, or feel great about moving on to their next calling.



Rehab Culture with *Heart*



Discover how identifying each persons *Heart Virtue* in your Rehab Center will give **Clarity and Confidence** for every employee's Individual expression.

Consequently, facilitating encouraging environments for innovative ideas to flourish.



Identify "**Your Authentic Rehabilitation Culture**" and the 10 Core Virtues to live by...that are in alignment with projects and activities that are the most meaningful...

In Creating a Cultures with Heart
We'll expand on the Biggest reasons work environments like Zappos are Billion Dollar Companies. Management training is HUGE!



Improve the residence and employee interview experiences. We'll show you what works every time and what doesn't!

In strengthening "**YOUR**" Authentic Culture as **Your Brand**, we'll show you how to invite the **Ideal Match** of employees and residence for your center.

Celebrate Success



Invest in the **Personal Development** of Employees, Collaborative Partnerships and Customer Service. *Celebrating* every milestone of success, not only creates a "**Fun**" environment, but also brings in more success! You'll see *Greg and Tamara's Happy Dance*.



Relationships

Divine Partnership



Have you ever dreamed of a fairytale relationship? Then later came to believe they only existed in Disney movies.

That's what we thought after divorce...but fortunately, we learned to bless the broken road that led us to each other.

It's never too late to become what you've always dreamed. *Join Greg and Tamara* and discover what's possible in **Creating Divine Partnership**.



You will be shown a treasure map that leads you to *a love that is never lost, but patiently awaits your return...* fall madly in love with you! We tell other's how to treat us, by the way we treat ourselves...



True riches *unlock powerful secrets of relating...* Greg and Tamara share dynamic scripts for navigating toward *Deeper Treasures of Intimacy*.

Intimacy = "Into Me See"

Attract the love of your life, by *being* the love of your life.

Be the One



As water seeks it's own level in relationships, so do **Self-Esteems** in relationships.

Because we attract similar levels of emotional development...it's important to "first" become what you desire.

It's not so important to "find" the right person, As it is to "be" the right person...



Customize “Your” Package (Sample)

Heart Virtue



Understand your personal motivational style by identifying the one thing about you that is creating your values, beliefs and behaviors from the inside-out. What does your rage and goosebump experiences have in common? Find out! *“Unlock your Heart Virtue.”*

AuthenTalk



Once you know your Heart Virtue the next step is to speak it beautifully and powerfully. Are the words that come out of your mouth in alignment with what is most meaningful to you. **AuthenTalk** will make you a **Master of communicating**. Take a stand. Learn to listen to others with curiosity and courage.

LiFormula



You pain is your credential. In our **LiFormula** training you will turn your most painful experiences into credentials for making a contribution. You will see past your blind spots and facades and embrace all of your life to **create a formula** you can use to **fulfill your purpose** and leave your **legacy**.

AuthenTrain



Learn how to use “Quansers” and transform any conversation into a dynamic experience. **AuthenTrain** contains **8 powerful principles based on the laws of quantum physics**. Are you a parent, manager or looking to train others? **AuthenTrain** gives you amazing new insights for creating powerful partnerships.

Relationships



Have you ever dreamed of a fairytale relationship? Then later came to believe they only existed in Disney movies. *Join Greg and Tamara* and discover what’s possible in **“Creating Divine Partnership.”** You will be shown a treasure map toward real love that leads you to the center of your heart, with an ancient key that *unlocks the secret within...Attract the love of your life.*

Greg and Tamara Montana will *custom design* a program for your group’s next evolution... 2011 © www.HeartVirtue.com



**Your Pain
Is Your Credential**



**Unlock Your
HEART VIRTUE**

Greg Montana



Greg Montana is the creator of Heart Virtue.™ At the age of 21, he started his own computer software company in Dallas. As a pioneer of artificial intelligence design, Greg was poised for extraordinary corporate success. He was about to buy an airplane, when one lonely night he found himself buckled over sobbing, saying, *"There's got to be more to life than this."* **Greg wanted to know his soul. So, he gave away his toys and became...a monk..**

For eight years Greg lived in a non-denominational monastery. He spent over 15,000 hours meditating, introspecting and studying the lives of heroes.

What he uncovered was nothing less than a **Lightning Bolt of Insight!** Beneath our Goosebumps and Rage, awaits our unique **Heart Virtue** *aching* to ignite!

Greg shows us how our pain is our credential, and has discovered a way to access the hero inside all of us. Mother Teresa's Heart Virtue was Compassion; Martin Luther King's was Brotherhood; Abraham Lincoln's was Unity....

Greg and his wife Tamara Montana give Presentations, Authenticity Workshops, Divine Partnership Cruises, Retreats and Training for those Seeking Transformation from Addictions.

They're also Trainers with Rehabilitation Centers and Corporations who desire "Authentic Cultures."

What's your Heart Virtue?

www.HeartVirtue.com

OVERCOME ADDICTION

Trust Your *Heart*



Train Your Brain

Greg Montana

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Tamara Montana

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